

Spartanburg District Four Comprehensive Health Education Materials

Grade Level	Adopted Textbook	Approved Supplemental Materials/Programs/Videos
Woodruff Primary School		
K	Macmillan and McGraw-Hill Health and Wellness by McGraw/Hill Learning Service Center	Second Step Child Protection Unit, 2014 Committee for Children Brain Pop, Jr. www.choosemyplate.gov Conscious Discipline
1	Macmillan and McGraw-Hill Health and Wellness, Grade 1 by McGraw/Hill Learning Service Center	Second Step Child Protection Unit, 2014 Committee for Children Brain Pop, Jr. www.choosemyplate.gov Conscious Discipline
2	Macmillan and McGraw-Hill Health and Wellness, Grade 2 by McGraw/Hill Learning Service Center	Second Step Child Protection Unit, 2014 Committee for Children Brain Pop, Jr. www.choosemyplate.gov Conscious Discipline
Woodruff Elementary School		
3	Macmillan and McGraw-Hill Health and Wellness, Grade 3 by McGraw/Hill Learning Service Center	American Heart Association www.heart.org Healthy Living Guide www.choosemyplate.gov
4	Macmillan and McGraw-Hill Health and Wellness, Grade 4 by McGraw/Hill Learning Service Center	Fitnessgram Guide http://www.fitnessgram.net Health and Nutrition Guide www.pecentral.com
5	Macmillan and McGraw-Hill Health and Wellness, Grade 5 by McGraw/Hill Learning Service Center	Physical Best Activity Guide www.shapeamerica.org Mary Black Foundation www.Maryblackfoundation.org Partners for Active Living

		<p>www.Active-living.org Second Steps http://www.secondstep.org/second-step-social-emotional-learning Kid President video lessons B.I.N.T. Character Education Program (Bullying is Not Allowed) Red Ribbon Week Campaign Erin's Law www.erinslaw.org www.saferoutesinfo.org</p>
Woodruff Middle School		
6	Teen Health, Course 1, 6th Edition by Glencoe/McGraw-Hill Learning Service Center	<p>Nu-Culture Healthy Relationships and Sexuality by Glencoe Draw the Line, Respect the Line by ETR Associates Websites: http://www.caloriecount.com/ http://www.choosemyplate.gov/ http://meanstinks.com/ http://naturalhigh.org/</p>
7	Teen Health, Course 2, 6th Edition by Glencoe/McGraw-Hill Learning Service Center	<p>Nu-Culture Healthy Relationships and Sexuality by Glencoe Draw the Line, Respect the Line by ETR Associates Websites: http://www.caloriecount.com/ http://www.choosemyplate.gov/ http://meanstinks.com/ http://naturalhigh.org/</p>
8	Teen Health, Course 3, 6th Edition by Glencoe/McGraw-Hill Learning Service Center	<p>Nu-Culture Healthy Relationships and Sexuality by Glencoe Draw the Line, Respect the Line by ETR Associates Websites: http://www.caloriecount.com/ http://www.choosemyplate.gov/ http://meanstinks.com/</p>

		http://naturalhigh.org/
Woodruff High School		
9		<p style="text-align: center;">Safer Choices by Advocates for Youth http://www.advocatesforyouth.org/publications/1128-ss</p> <p style="text-align: center;">Birth Control: Myths and Methods (26 minute DVD by Discovery Store Education)</p> <p style="text-align: center;">STDs: Lifetime Consequences (20 minute DVD by New Dimension Media)</p> <p style="text-align: center;">Sex Facts: Teens and STDs (28 minute DVD by Guidance Systems)</p> <p style="text-align: center;">Human Relations Media's Total Health: Becoming Physically Fit Series (3-25 minute videos on Muscle Strength and Endurance, Cardiovascular Fitness, Composition and Flexibility)</p> <p style="text-align: center;">Human Relation's Media's Essential Physical Fitness: What Every Teen Needs to Know (18 minute video)</p> <p style="text-align: center;">Human Relation's Media's Lifestyle Diseases and How to Avoid Them (18 minute video)</p> <p style="text-align: center;">Human Relation's Media's Ten Reasons to Get and Stay in Shape (24 minute video)</p> <p style="text-align: center;">Human Relation's Media's Athletes and Alcohol (23 minute video)</p> <p style="text-align: center;">Human Relation's Media's Ten Things You Didn't Know about Smoking and Tobacco (17 minute video)</p>
10		<p style="text-align: center;">Safer Choices by Advocates for Youth http://www.advocatesforyouth.org/publications/1128-ss</p>

		<p>Birth Control: Myths and Methods (26 minute DVD by Discovery Store Education)</p> <p>STDs: Lifetime Consequences (20 minute DVD by New Dimension Media)</p> <p>Sex Facts: Teens and STDs (28 minute DVD by Guidance Systems)</p> <p>Human Relations Media's Total Health: Becoming Physically Fit Series (3-25 minute videos on Muscle Strength and Endurance, Cardiovascular Fitness, Composition and Flexibility)</p> <p>Human Relation's Media's Essential Physical Fitness: What Every Teen Needs to Know (18 minute video)</p> <p>Human Relation's Media's Lifestyle Diseases and How to Avoid Them (18 minute video)</p> <p>Human Relation's Media's Ten Reasons to Get and Stay in Shape (24 minute video)</p> <p>Human Relation's Media's Athletes and Alcohol (23 minute video)</p> <p>Human Relation's Media's Ten Things You Didn't Know about Smoking and Tobacco (17 minute video)</p>
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[Comprehensive Health Education Act](#)

[Instructional Resources for Erin's Law](#)

Updated: October 15, 2018