

# Woodruff High School Lunch and Breakfast Menus

March 25, 2019 to March 29, 2019

5-A-DAY - Eat Your Colors Every Day

FOR BETTER HEALTH: EAT 5 FRUITS OR VEGETABLES A DAY

## Monday

**Entrée 1** Beef or Chicken Tacos w/Cheese & Salsa

**Entrée 2** Oven Baked Pizza

Shredded Lettuce/Diced Tomato/Sour Cream

Mexican Rice

Seasoned Black Beans

Chilled Mixed Fruit

Doughnut Holes

Choice of Cold Milk

Muffins

**OR** Assorted Cereal

Toast and Jelly

Assorted Juices or Fruit

Choice of Cold Milk

## Tuesday

**Entrée 1** Chicken Sliders

**Entrée 2** Oven Baked Pizza

Tossed Salad w/Assorted Dressing

Tri Taters w/Ketchup or Seasoned Green Beans

Chilled Sliced Peaches w/Blueberries

Chocolate Chip Cookie

Choice of Cold Milk

French Toast Sticks w/Syrup

**OR** Assorted Cereals

Toast and Jelly

Assorted Juices or Fruit

Choice of Cold Milk

## Wednesday

**Entrée 1** Oven Roasted BBQ Chicken

**Entrée 2** Oven Baked Pizza

Mashed Potatoes w/Brown Gravy

Broccoli w/Cheese or Glazed Carrots

Roll

Strawberries & Bananas

Chocolate Eclair Ice Cream Bar

Choice of Cold Milk

Scrambled Eggs w/Sausage Pattie

**OR** Assorted Cereals

Toast and Jelly

Assorted Juices or Fruit

Choice of Cold Milk

## Thursday

**Entrée 1** Hot Dog w/ or w/o Chili

**Entrée 2** Oven Baked Pizza

Potato Tots w/Ketchup or Baked Chips

Seasoned Whole Kernel Corn

Strawberry Yogurt Cereal Bar

Sherbet

Choice of Cold Milk

Honeybuns

**OR** Assorted Cereals

Toast and Jelly

Assorted Juices or Fruit

Choice of Cold Milk

## Friday

**Entrée 1** BBQ on Bun

**Entrée 2** Oven Baked Pizza

Cole Slaw

Potato Smiles w/Ketchup

Baked Beans

Applesauce Cup

Brownie

Choice of Cold Milk

Gravy Biscuit

**OR** Assorted Cereals

Toast and Jelly

Assorted Juices or Fruit

Choice of Cold Milk

Sweet Potatoes Served Daily

Wolverine Express Line and Salad Bar offer additional varieties of fruits, vegetables, bread and milk.

HAVE A SAFE SPRING BREAK

Assorted Fresh Fruit Offered Daily

Menus subject to change

Non-discrimination Statement: This institution is an equal opportunity provider and employer.